

Did you know?

How unhygienic is your office?

One of the most common ways of catching the cold and flu bugs is via cross contamination.

Find out why are we so prone to sickness when we are in the office.



Hygiene Facts & Science

50% men and **25% women** DO NOT wash their hands after using the toilet



One in five people DO NOT wash their hands after their toilet break

An average desk has **400 times** more bacteria than a typical toilet seat



Germs can live on a surface for **48 hours**

15% of workers avoid shaking hands with people to prevent cross contamination



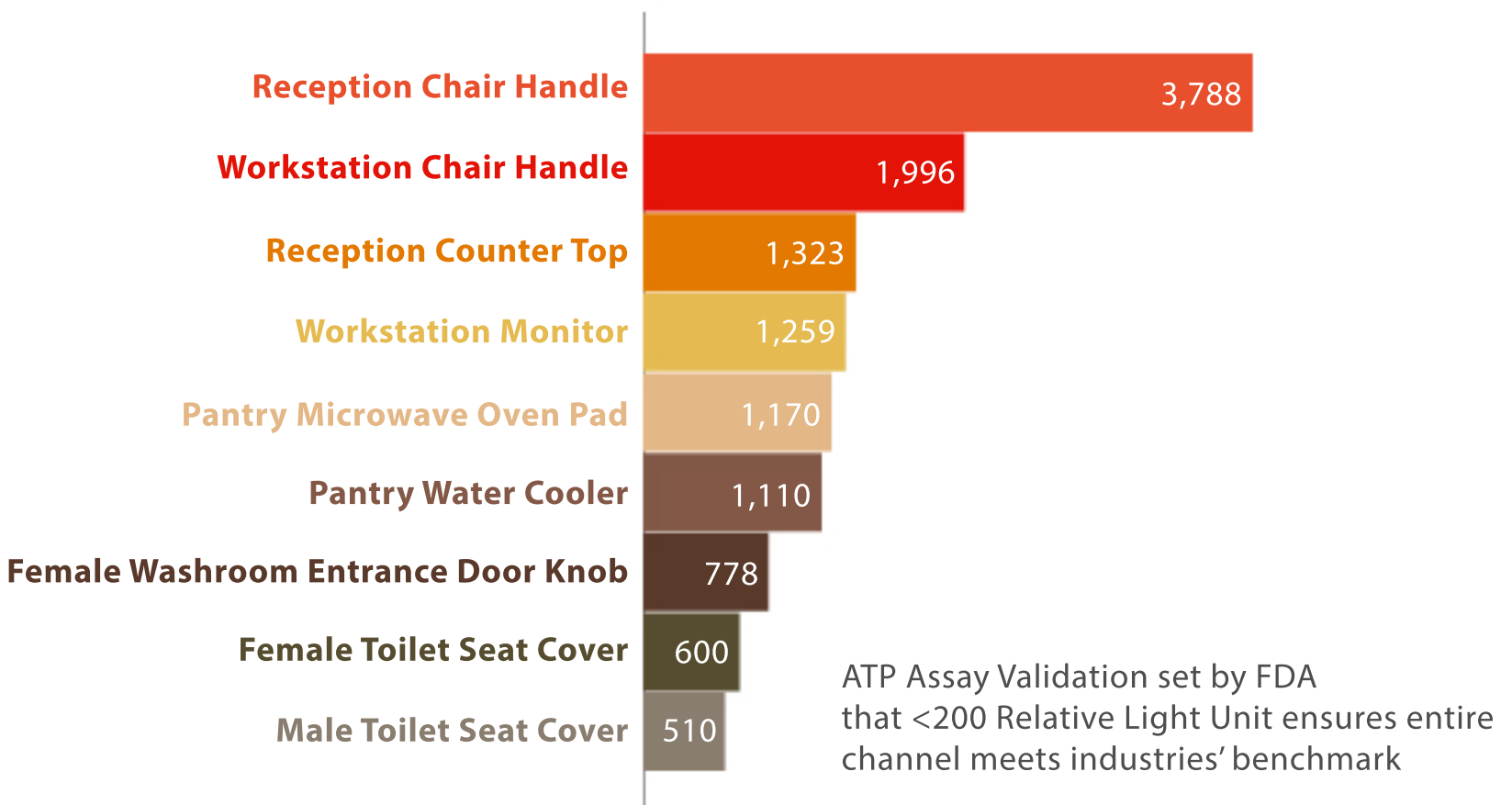
A telephone has over **25,000 germs** per square inch

A person averagely touches **300 surfaces** every **30 minutes** exposing themselves to 840,000 germs



Proper handwashing or sanitising can reduce illnesses by up to **50%**

Do you know which are the most contaminated areas in your office?



What should you do to prevent yourself from getting sick?



Tip #1

Keep hand sanitiser on your desk and use it immediately after every meeting or conference



Tip #2

Install hand soap dispenser in the washroom to reinforce hand hygiene



Tip #3

Use disinfectant wipes to sanitise your desk at least once a day

Your Expert Hygiene Partner

For more information about hygiene in offices, visit initial.com.my or contact us at 1300 882 388

Source:

P.Gerba, University of Arizona study; CIPD 2011, Verbatims from Singapore & European hygiene studies; British Council for Offices, 2004; Bean, B., Moore, B.M & Sterner, B (1982), Survival of Influenza Viruses on Environmental Surfaces; Journal of Infectious Diseases, 146(1), 47-51; Chartered Institute of Personal Development (CIPD), (2009), Annual Survey Report, Absence Management; Dr. Charles Gerba (2002) "Germs in the Workplace" study, University of Arizona; TIME; Yahoo; Tork; PR Newswire
ATP results (Microorganism count per square inch) based on 3,000 locations swabbed. Cities covered; Hong Kong, Singapore; Kuala Lumpur (Malaysia), Bangkok (Thailand), Jakarta (Indonesia).